

→ **STEP 1 REFERRAL FOR:**

- SLEEP STUDY (Choose an option) → LEVEL 1 Fully-Attended In-Clinic LEVEL 2 In-Home
 CPAP TITRATION CPAP REASSESSMENT CPAP TRIAL

→ **STEP 2 LOCATION:**

- BRISBANE SUNSHINE COAST GOLD COAST GYMPIE

→ **STEP 3 PATIENT:**

- MALE FULL NAME: _____
 FEMALE DOB: _____ CONTACT NUMBER: _____
 ADDRESS: _____

BULK BILLING REQUIREMENTS STEP 4: A score of ≥ 5 points + STEP 5: A score of ≥ 8 points

- Medicare Private DVA

→ **STEP 4 INDICATION/S:**

- WITNESSED APNEA 2 points SNORING 2 points OVER AGE 50 2 points
 OBESITY (Waist circumference: Male >102cm, Female >88cm) 2 points
 HYPERTENSION DIABETES OTHER: _____

→ **STEP 5 ESS (Epworth Sleepiness Scale):**

0 = No Chance 1 = Slight Chance 2 = Moderate Chance 3 = High Chance

How likely is the patient to doze or fall asleep in the following situations, in contrast to feeling just tired?

- | | | | | |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| SITTING AND READING | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| WATCHING TV | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| SITTING INACTIVE IN A PUBLIC PLACE | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| AS A PASSENGER IN A CAR FOR AN HOUR WITH NO BREAK | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| LYING DOWN IN THE AFTERNOON | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| SITTING AND TALKING TO SOMEONE | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| SITTING QUIETLY AFTER LUNCH (WITHOUT ALCOHOL) | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |
| STOPPING IN TRAFFICE FOR A FEW MINUTES WHILE DRIVING A CAR | 0 <input type="checkbox"/> | 1 <input type="checkbox"/> | 2 <input type="checkbox"/> | 3 <input type="checkbox"/> |

→ **STEP 6 REFERRING DOCTOR:**

FULL NAME: _____
 PRACTICE: _____
 PROVIDER NUMBER: _____

X

 SIGNATURE

DATE: _____

→ **STEP 7 REPORT REQUIREMENTS**

- Urgent Standard
 Medical Objects Fax