|  |  |
| --- | --- |
| Date: | **Tel: 1300 743 782 (SIESTA)**  **Mob: 0431 390 548**  **Fax: (07) 3112 4107**  [**reception@siestasleepservice.com**](mailto:reception@siestasleepservice.com)  **Head Office:**  10A, 3352 Pacific Hwy  Springwood QLD 4127 |
| Dr Geoffrey Williams  *FRACP Respiratory and Sleep Physician*  Provider No. 408456W  **REFERRAL LETTER**  Dear Dr Geoffrey Williams,   |  | | --- | | **RE: Patient Full Name (Inc. salutation)** | | **DOB:** | | **Phone**: | | **Address:**  **Height (cm):**  **Weight (Kg):** | | **CLINICAL DETAILS**  ***\*\*\*Please note: A score of 5 or more***  ***is required to meet Bulk Billing Criteria*** | | **Witnessed Apnea** *(2 points)*  **Snoring** *(3 points)* | | **Obesity** *(3 points)*  Waist measurement (cm): *Waist*  *-Waist Circumference Male >102cm*  *-Waist Circumference Female>88cm* | | **Aged 50 years or more** *(2 points)* | | **Hypertension** | | **Diabetes**  **Additional Clinical Notes:**  **\*** | | **TEST/SERVICE REQUIRED**  **In-Home Location**  Sunshine Coast  Brisbane  Gold Coast  **In-Home Test**  Sleep Study  CPAP Trial  **In-Clinic Test**  Fully-Attended Level 1 Sleep Study  CPAP Titration Study  CPAP Reassessment  **In-Clinic Location**  Sunshine Coast  Brisbane  **REPORT REQUIREMENTS**  Urgent  Standard  **COMMUNICATION METHOD**  Fax  Medical Objects  Other: *Preferred Method*   |  | | --- | | **REFERRING DOCTOR’S DETAILS** | | **Full Name (Inc. salutation)**  Provider Number  Practice Address  Phone Number  Fax Number | |

**BULK BILLING requirement:** Please complete attached **OSA 50 Screening Questionaire** and **Epworth Sleepiness Scale**



***Your trusted sleep health provider***

**THE EPWORTH SLEEPINESS SCALE**

*To be eligible for a Bulk Billed Sleep Study please complete this scale (Score 8 or above).*

DATE:

PATIENT FULL NAME:

DOB:

**0= No chance of dozing**

**1= Slight chance of dozing**

**2= Moderate chance of dozing**

**3= High chance of dozing**

How likely are you to doze or fall asleep in the following situations, in contrast to feeling just tired?

If you have not done some of these things recently, try to work out how they would have affected you.

|  |  |
| --- | --- |
| **SITUATION** | **CHANCE OF DOZING** |
| Sitting and reading |  |
| Watching TV |  |
| Sitting inactive in a public place |  |
| As a passenger in a car for an hour without a break |  |
| Lying down to rest in the afternoon |  |
| Sitting and talking to someone |  |
| Sitting quietly after lunch without alcohol |  |
| In the car, stopped at traffic lights for a few minutes |  |

**TOTAL out of 24**